



Region 3

HIGH PERFORMANCE CAMP

Colorado

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HIGH PERFORMANCE
CAMP

This is an incredible opportunity for athletes to work with NCAA and Elite Coaches along with other guest coaches in a fun, yet intensive 1-day camp. You will be notified via email 2-3 weeks prior to camp date indicating what day you are assigned to.

November 14-15, 2026

- ✓ Open for all Level 6-10 Optional Gymnasts, Elite, or Xcel Diamond - Sapphire.
- ✓ Groups will be organized into appropriate level training groups.
- ✓ Optimized athlete training in a fast paced, fun environment.



Hosted By:

Colorado Gymnastics Institute
512 A S. Chambers Rd. Aurora, CO

Please direct all questions to Region 3



www.reg3.com/camps